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Day 30 – recovery after roadies day off. 29 days of madness. Firstly a huge thank you to TBG his team of indefatigable team of workers from TC (Simon, Tom, Jarrod,V, Rolf, Marko, Brandon and of course Jan) and Oakley Velosure and Trek. Plus all the other volunteers including Loz, Kathy Nathan and Tremain and Renee. Yesterday was a fun and challenging days ride at Wingello – no one got lost for long and everyone enjoyed the lunch, riding and fellowship generated along with a new found respect for the other insane members of our club who tackle those trials every week.

Day 30- - recovery day and Steve Brit rolled in to TC after a quick shower having just returned from the Roadies Day off. Tiger Woman was simply thankful to be back on a familiar machine and back on dry land. Fester was calling for everyone to ease up and Green Pip took the lead alongside Green P who had quite clearly forgotten that the ride brief was for two laps at the top of Bobbo and no sprint. Mike showed us that he's ready to take on 24 hours of constant riding and Sandy Matt, Brandon and Kathy all took turns on the front. James, OHA and Tiger woman sat in the lounge enjoying the day off. Bone Man Scott didn't make RDO but did get into team nicks to rode out to West Head just to keep his MOM record intact.

The recovery ride took in the sights of Sommerville road where there were plenty of "Good Morning's" exchanged with the locals on their morning walks. One Driver clearly got out of the wrong side of bed and not content with passing across an unbroken line then ran a red light in order to stop and heap abuse of the most (censored) kind on everyone of us.

The three loops of Bobbo were a good pace for today and the run down to the bottom was uneventful. A steady climb out was then followed by Fester feeding gold fish while the rest of us stopped at the usual Fat Buster watering hole in North Turrumurra.

Tomorrow is Day 31, and it's Cottage Point – I've booked a table for lunch as I can't see myself riding out but then it is just another day of madness after all - Andrew.

