



Northern Italy Tour

Sunday, May 10, 2009



The Tour of Northern Italy

Tuesday, June 23, 2009

After a few days in beautiful Lake Como we headed off deep into the Italian Alps, after having arrived Andrew and Jorrit decided to climb

comfort of Bormio. Snow, snow and more snow was the report and Jorrit still had blue hands 3hrs later.

attack the infamous BIG side of passo dello Stelvio, 25km and averaging 7.6% ... did I mention there was SNOW! So off they set as Heather, Ray, Jorrit and I followed in the van which was a lot warmer, slightly faster and not as much of an effort. Near to the top the snow was falling ... yes in Summer ... so a snow fight was in order, it was a Tri-Nations of snow fights as Holland, Australia and Seth Africa went head to head.



the 26km of passo Gavia whilst Ray, Simon, John and myself relaxed in the

The following day it was into the van and over the mountain so the boys could

Back to the riding and Simon demolished the long lasting record set by TBG stopping the clock at a staggering 1hr 34min and was followed by Andrew who also followed team orders breaking the magical



1hr 40min mark with a 1hr 39min. John also finished this mammoth achievement and it was into the van and back down to Bormio.

The following day Heather and Andrew had left us and it was off to the Dolomites for 3 days of bliss as we rode, relaxed in the spas and rode again. Up all the famous passes Pordoi, Sella, Campolungo, Fedaia and the

unrivaled Gardena. Simon and I were even luck enough to meet a few ex Juventus players who are now cyclists.

Ahhh the Dolomites ... who will forget Simon dominating every climb, Raynold hitting 105kmh on the Fedaia, Jorrit climbing the Fedaia in a 39x25, John getting to complete virtually every famous climb in Italy

in sunshine and me introducing Limoncello to the crew.

On from Canazei and our final few days were in Riva, some rides around the lakes edge, too many coffee's and one, two or three wines it was the perfect cap to our best ever Northern Italy tour. Great people, great riding, great food & drink and great experience!

