



The Calga Classic

Its now a week after the first training camp of the year, form was oozing from those who attended. For those who missed last weeks pain and suffering, fear was wafting from the pores of their skin making the likes of Chardenay & Green Pea decide that today was to be a real Calga Classic.... the "race" was on!

So what happened today?

1. JDS was nowhere to be seen again in the A1 Team until he appeared at the front near Hornsby, yes on the way home. He was then heard to say "pick it up I am late for breakfast with my family".
2. Stu Burns + some others in the A1 Team (no names mentioned) took pity on the already caught B1 Team along route, then changed teams, worked against their old team by dragging B1 back in record time and in the process dropped their team captain (JB) leaving him for dead out the back.
3. Stephen Britt Team leader B2 asked permission to breakaway from the rest of his team leaving them to defend for themselves
4. Veronika C Team leader convinced her team to stop at the top of the Brooklyn climb to buy her a pie.

On a serious note todays Calga Classic showed great club spirit. Not just the normal "smash fest" with the strongest man standing. Each group looked out for their team mates helping everyone get over the climbs and work together to get back for a coffee.

Not to mention that a 85km test handicap is a great way to see how you compare to your teammates. What do you need to improve to move up to the next group?

Great work guys & girls