



## Peloton Sports

Road Safety



# Cycling NSW Road Safety Awareness Campaign- Regulations



We've all seen cyclists running red lights, riding on the footpath or riding without a helmet. Unfortunately when one cyclist behaves in this manner many other law abiding cyclists are left to cop the criticism from motorists who become frustrated with their behaviour.

There are specific penalties that apply to cyclists who break the law. Here are some examples:

- **Signs and Signals** - Cyclists must obey traffic control signs and signals to them including red lights, stop and give way signs.
- **Riding 2 abreast** - Bicycle riders may not ride more than 2 abreast unless overtaking, three wide is permissible whilst the passing group is overtaking in single file. Cyclists riding two abreast must not ride more than 1.5metres apart.
- **Lane Markings** - Riders must use the bicycle lane if there is a bicycle lane on a length of road going in the same direction. Recognise lane markings and do not cross unbroken double white lines.
- **Causing a Traffic Hazard** - The rider of a bicycle must not cause a traffic hazard by moving into the path of a driver or pedestrian without warning or looking.
- **Bike Helmets** - The rider of a bicycle and any passenger must wear an approved bicycle helmet securely fitted and fastened on each of their heads.
- **Following Behind a Motor Vehicle** - Riders must not ride within 2 metres of the rear of a moving motor vehicle continuously for more then 200 metres.